

Veggie Stacks

w/ a drizzle of Balsamic



-these can be grilled or fresh vegetables; your choice-

Veggie Stack Ingredients:

- Eggplant
- Yellow or Orange Bell Pepper
- Large Beefsteak or Heirloom Tomato
- Part-Skim Mozzarella Cheese (fresh = best)
- Whole Basil Leaves

Balsamic Drizzle

Ingredients:

(this recipe is for more than one stack)

- 3 Tbsp. EVOO
- 1 1/2 Tbsp. Balsamic Vinegar
- 👉 finger pinch Kosher Salt
- 👉 finger pinch Black Pepper

1 unit portion

- 1 stack that includes:
- 1 thin slice Eggplant, diameter similar to tomatoes
- 1 lengthwise slice Yellow or Orange Bell Pepper
- 2 slices large Tomatoes (Heirloom are amazing!)
- 1/4" slice Part-Skim Mozzarella Cheese (1 oz. total)
- 2 whole Basil Leaves
- drizzle about 1 tsp. of the Balsamic mixture over stack

